

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Liza Groenewald**

Has successfully participated & completed the

**5km Dirkies Bergpretloop /Trailrun in Magalies**

held at John Voster High School.

**TIME 01:05:15**

**PACE 13:03/km**

**GENDER 156 of  
215**

**OVERALL 284 of 383**

**50 - 59 12 of 15**

09 August 2019, Fri

Date



*BoutTime*

Signature

